

## **Dr. Teena Cahill – Presentation List**

Outlines of these presentations are available upon request

### **\*\*\*NEW PROGRAM\*\*\***

#### **THE CAHILL FACTOR: TURNING ADVERSITY INTO ADVANTAGE**

Based on Teena's new book, this motivational program asks and answers the question:  
"What would you do if everything in your life changed in a heartbeat?"

### **THE WISDOM AND LEADERSHIP SERIES**

#### **CULTIVATING WISDOM FOR SUCCESS:**

**Building Leadership on a Platform of Resilience**

#### **THE WISDOM OF CONTRIBUTION: Why Purpose Matters**

#### **WOMEN TAKING THE LEAD: Wisdom for Everyday Leadership and Peak Performance**

### **THE NURTURING THE NURTURERS SERIES**

**NURTURING THE NURTURERS: A Program for Service Providers and Administrators  
in the Professional Care-Giving or Medical Community**

**NURTURING THE NUTURERS: A Program for Human Resource/Service Professionals  
and Administrators**

**NURTURING THE NURTURERS: Personal and Professional Leadership for Service  
Providers (This program can be customized for any service related industry)**

### **THE WELLNESS SERIES**

**HARD-WIRED FOR HAPPINESS: How Happiness and Laughter Affect Peak  
Performance at Work and at Home.**

**WISDOM FOR WELLNESS: Strategies for a Stressed Out World**